



# Getting Together in July 2021 County Connection Clubhouse

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212 Third Street, Gaylord, MN 55334

507-237-4133

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Clubhouse*

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*June CCC/  
CSP calendar:*

"Normal" is never going to be static...  
it's elusive.

We're constantly chasing it.  
The minute we think we've found it,  
something often comes along that shifts it.

So maybe what we need to do  
is learn to be  
comfortable in the uncomfortable.

In those moments where  
there is no normal,  
where we may struggle to find peace.

[www.greentreemediaonline.com](http://www.greentreemediaonline.com)

## *July CCC highlights:*

Return of exercising in the pool:

Return of birthday club and Bingo

Return of the noon meal

Return of U.S.A group

Mankato Moondogs game July 14th!

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# Around the Clubhouse



## Feed My Starving Children volunteer opportunity.

FMSC offers volunteers a one-of-a-kind experience. You'll hand-pack rice, soy, dried vegetables and a nutritionally complete blend of vitamins and minerals into bags which are then sealed, boxed, placed on pallets and shipped to our incredible partners working hard to reach the neediest children.

Through volunteering at FMSC, you'll get the chance to impact hundreds of kids in just two hours per packing shift. You'll experience what it's like to make a tangible difference today.

Feed My Starving Children meals are produced by volunteers in Arizona, Illinois, Minnesota, Texas and all around the United States through MobilePack events.

**This opportunity will take place on Thursday July 29th with Dawn. Two people can attend and you must be vaccinated. Leaving at 10:30a.m and volunteering from 12—2 in Chanhassen.**

You will notice that the activity calendar has increased hours and activities this month. Masks are no longer required while attending activities at the CCC. We still will be cleaning and sanitizing after each visit. We are getting closer to returning to “normal” We are hoping that clients will continue to return to the CCC, feel safe doing so, and will enjoy the increased outings and activities.

**Mankato Moondogs game: Wednesday July 14th. Noon game, leave at 10:45a..m. Sign up at CCC. This game includes and all you can eat meal. Hotdogs, brats, burgers, chips, drinks. That's' not a bad deal.....for free! Join Jon and Ashley for this fun time!**

Bingo and birthday club returns Tuesday the 27th. We will celebrate all birthdays missed during the past year!

# Summer Word Search



B F G P W W S C A M P I N G S P X  
A A N R V D L X T C B N B B F O Q  
A I R C I W V O X W Q Y E B G O H  
T E R B W L H G I C S A B T J L U  
G U N C E S L N V N C L Z E E L N  
Z O B Q O C Z I O H O Y C F K I N  
J Q I K B N U W N I W I M K W A W  
E E S J T E D E K G T Y T Q H T L  
N H N T W R B I K R W A R A I N R  
S T G X A E A G T M A E X U C E M  
A A K H N O N V A I N P S A L A F  
P B F G Z I B E E I O M R C L H V  
I N Z X M V R D H L I N I E N E T  
V U V M X C P S E W I S I A T Y R  
R S I F E W N J S E P N E N Y A J  
S W V C W U Y W H O P C G V G J W  
S C I Z S I M B P J O S J A S Y V

RELAXATION  
TRAVELING  
HOT  
SUNSHINE  
POPSICLE

BARBECUE  
OCEAN  
BEACH  
SUNBATHE  
GRILLING

VACATION  
SWIMSUIT  
AIR CONDITIONING  
SWIMMING  
ICE CREAM

WATER PARK  
LAKE  
POOL  
CAMPING  
SPEEDBOAT

www.timvandevall.com



# 4<sup>TH</sup> OF JULY

## WORD SEARCH

T M N W Q J E T A R B E L E C D Y  
 I M T Q H H Y M Q R Q U D U E I A  
 O Q T A W Q M Z Y E X U C C N T D  
 I N D E P E N D E N C E L C J A I  
 A S I O U O R H A M U A A T U Q L  
 N K S A M E R I C A R P P S O S O  
 U R P U F U B E E A Y S T R U B H  
 P O A Y D L D W T O E C I N C I P  
 K W R W E A A I L P O E A U E O N  
 F E K H T F O G I A D E U S D I H  
 Y R L I I N T R B E M D T N A T L  
 L I E T N P T Z E U R A E T R S C  
 U F R E U S L Q R R R U I U A A E  
 J V S O D L K V T S L R O K P J B  
 W I T O E O M O Y B B F I U P J L  
 I A S V Y E M R E D R E M M U S E

America	Fireworks	Independence	Red	United
Blue	Flag	July	Sparklers	White
Britain	Fourth	Liberty	Stars	
Celebrate	Freedom	Parade	Stripes	
Declaration	Holiday	Picnic	Summer	

# ARE YOU INTERESTED IN WORKING?

IPS EMPLOYMENT SPECIALISTS HELP PEOPLE FIND JOBS IN THE COMMUNITY.

Summer 2021 Newsletter

## COMPLETE OUR SURVEY!

We are looking for participants to complete our surveys so we can be more involved with the clubhouse.

We want to hear from you and what interests you!

(All responses are kept private.)

Click the link below:

[https://forms.office.com/Pages/ResponsePage.aspx?id=GMMmgk5ZzE-\\_blIfYkfGasdOmKVhMe1EiRJuylrhHS9URjRYSzRENzMwRIEwOVhLSElXVoFJMUJIU4u](https://forms.office.com/Pages/ResponsePage.aspx?id=GMMmgk5ZzE-_blIfYkfGasdOmKVhMe1EiRJuylrhHS9URjRYSzRENzMwRIEwOVhLSElXVoFJMUJIU4u)



## Contact Us

Stephanie Haas  
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507-508-7173  
[shaas@mymrci.org](mailto:shaas@mymrci.org)

## What is IPS?

Individual Placement and Support (IPS) is an evidence-based model of supported employment for people with serious mental illness. IPS helps people find competitive, integrated jobs that match their interests and offers an individualized level of support throughout the employment process.

## IPS Services are integrated with mental health

**treatment** -Mental health treatment teams might consist of case managers, counselors, housing staff, psychiatrists, therapists, nurses, occupational therapists, and employment specialists.

## Who qualifies for IPS services?

To qualify for IPS, individuals need to be referred by County Case Managers in Le Sueur, Nicollet, Blue Earth, Brown, or Sibley counties and must have a documented mental illness.

**Every person who wants to work is eligible-** People are not excluded for any reasons such as legal history, symptoms of mental illness, decisions about treatment, substance use disorder, cognitive disorders, homelessness or unstable housing, or past problems with employment.

## How is IPS providing services during the COVID-19 Pandemic?

In an effort to prioritize the health and safety of Employment Specialists, Job Seekers and employers, IPS is meeting with clients based on their comfort level. We can provide services in person, over the phone, or Virtually using platforms like Zoom and Teams.

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*IPS drives to empower people. Not to tell them where they must work or what types of services they must receive. Employment specialists try to understand what is most important to each person and what motivates each person.*

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# July 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Jon 507-237-4133 (CCC) Jon cell 507-479-3384 Ashley 507-327-0644 Dawn 507-327 0645</p>				<p>1 Exercise at hotel pool St. Peter. Leave CCC at 9:45a.m (\$2.00) need own towel. CCC open 12—3</p>	<p>2 CCC open 9—12 with Theraband exercise at 10a.m</p>	<p>3</p>
<p>4 Ashley out of office 5-9th</p>	<p>5 Holiday</p>	<p>6 open 9—3 with Support group at 10:30a.m and cards and table games at 1p.m.</p>	<p>7 Open 9—3 with Theraband exercise at 10 and then open crafts</p>	<p>8 Exercise at hotel pool. Leave CCC at 9a.m CCC open 11:30—3</p>	<p>9</p>	<p>10</p>
<p>11</p>	<p>12 Open 9—3 with coffee group at 9:30 and a movie at 1p.m.</p>	<p>13 Open 9—3 with Theraband exercise at 10 and Med Education at 1:00p.m.</p>	<p>14 9:30 coffee group and Mankato Moon-dogs game at 12:05. Leave CCC at 10:45a.m. See sign up</p>	<p>15 Exercise at hotel pool. 9a.m. Open CCC 11:30—3 with Book Club at 1p.m.</p>	<p>16 CCC open 9—12 with Theraband exercise at 10a.m.</p>	<p>17</p>
<p>18 Dawn out of office 19—23</p>	<p>19 Open 9—3 with a movie at 1p.m.</p>	<p>20 Open 9—3 with Theraband exercise at 9:30 and Support group at 10:30a.m. Cards and games at 1.</p>	<p>21 Open 9—3 with Coffee group at 9:30 and then Mankato shopping at 11 a.m. see sign up.</p>	<p>22 Exercise at hotel pool 9a.m. CCC open 11:30—3 with Piece of History ( Mt. St. Helens) 1:00p.m.</p>	<p>23</p>	<p>24</p>
<p>25</p>	<p>26 Open 9—3 with coffee group at 9:30 and a movie at 1p.m.</p>	<p>27 Open 9—3 with Theraband exercise at 9:30 and Birthday Club and Bingo at 1p.m.</p>	<p>28 9:30 coffee, noon hamburger meal and at 1p.m. U.S.A group (Utah) Open 9—3</p>	<p>29 Feed My Starving Children volunteer outing w Dawn. Leave CCC at 10:30a.m. (2hr effort)</p>	<p>30 CCC open 9—12 with Theraband exercise at 10a.m.</p>	<p>31</p>